

# Bow Hold Rhymes and Games

## With the Bow



ViolinSchool  
MusicLand

[www.ViolinSchool.com](http://www.ViolinSchool.com)

You will need a cardboard tube for some of these games  
(a toilet roll tube will do!)

### See Saw

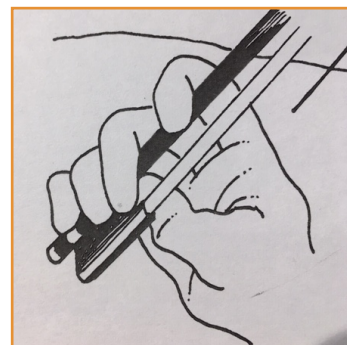
- 1) With your left hand, hold a cardboard tube horizontally in front of you, and insert the tip of the bow through it.
  - 2) Pull and push the bow through the roll in both directions. See how far you can go in each direction.
- If you get tired, put the tube on your shoulder!

### Windscreen Wipers

With your bow hold in place, twist and turn your bow like a windscreen wiper, whilst singing the song below:

- 1) by rotating your forearm in a clockwise direction (to the right) and back again... as if you are opening a door!
- 2) pushing down on the bow with your little finger, so the tip of the bow rises into the air.

If you get tired, wave your whole arm like a windscreen wiper, to get your body moving!



**Sing:** Windscreen Wipers to and fro ssh!...

A    Fs        A    Fs    A    Fs    A

Wipe away the rain and snow

A    Fs    A    Fs    A    Fs    D

### Simon Says: Tap Your Bow, On the ...

With your bow hold in place, position your bow vertically in front of you, and tap the bottom of the bow (the screw) wherever you are told to!

e.g. *Simon Says*: "Tap your bow, on ... your head!"

**Only** do the actions if Simon Says!