

The Down Bow

Playing in the 'Down' direction

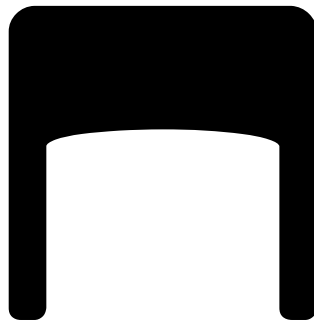


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A **down-bow** is a stroke that travels from the **heel** (bottom end) of the bow to the **tip** (top end) of the bow.

Here is the symbol for the **Down** bow:



Full Circle

When you see this symbol, circle your bow **anticlockwise** in the air

Activities

Play each of your open strings starting from the heel. During the rest, make a full circle (anticlockwise) in the air during the rest.

