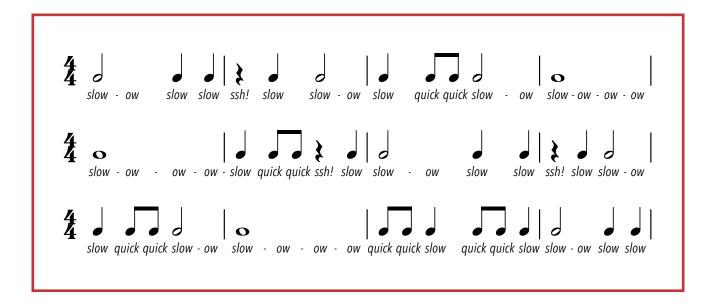
Rhythm Bank 8

Minims (Half Notes) and Semibreves (Whole Notes)



Rhythm patterns with 'slow-ow' (2 beat) and 'slow-ow-ow' (4 beat) notes.



Activities

- 1) Start by **clapping** some two beat (*slow-ow*) and four beat (*slow-ow-ow-ow*) notes. Remember to make a silent 'chop' motion on each 'ow' syllable.
- 2) Clap through all 3 lines whilst saying the rhythm names.
- 3) One person **claps** line 1 whilst another **claps** line 2.
- 4) One person **claps** line 2 whilst another **claps** line 3.
- 5) **Clap** this as a round. Each person starts one bar later than the person before. Be confident! **Clap** and **say** the rhythms loudly, and exactly in time.
- 6) Choose one line of rhythms and **copy** it onto the stave below:

