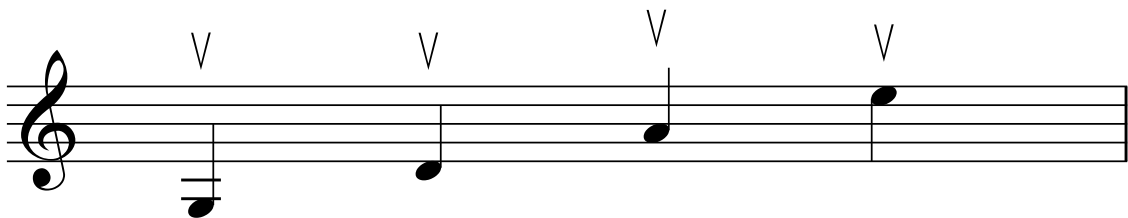
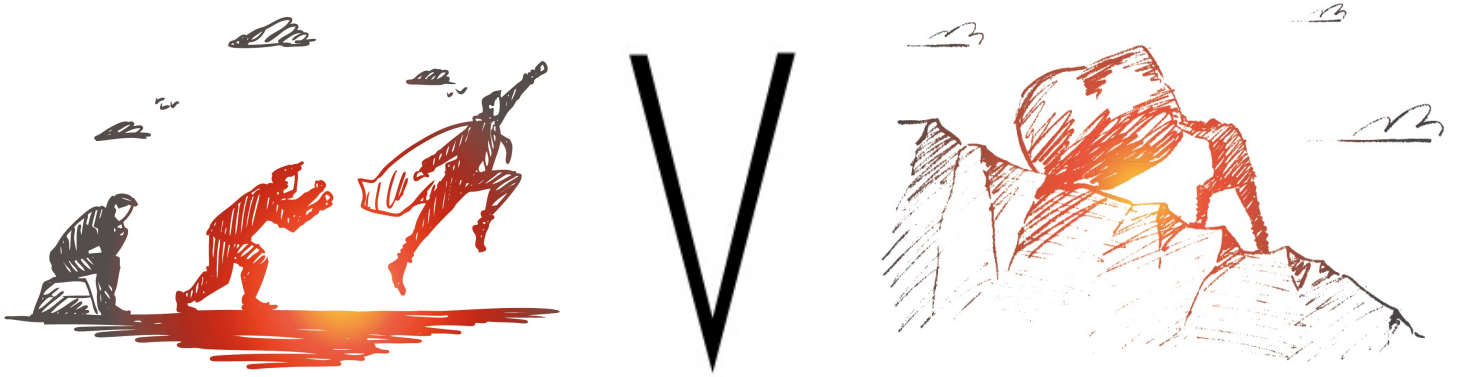


Up-Bow



An up-bow is a bow stroke that travels to the left!

(assuming you are holding the bow in the right hand and the violin in the left hand!!)

... up-bows travel towards the HEEL of the bow ...

